
Do you get the best from every season?

Posted by SunnyDays - 2009/10/08 19:27

We have a widget that keeps you in-the-know all year round by offering great recipes for produce that's currently in season. Take a look, and let me know what you guys think.

The "Salad Center Widget" can be found in the left hand navigation of our website, SaladCenter.com.

Re:Do you get the best from every season?

Posted by soonergal - 2009/10/08 20:04

I actually found the widget to be really helpful! There's so many veggies and stuff that I'm not sure how to prepare, but the widget kinda takes the guess work out of it!
Thanks!

Re:Do you get the best from every season?

Posted by SunnyDays - 2009/10/09 17:12

So glad you found the widget helpful. :side: Do you have any favorite fruits or veggies that you use in the fall?

Re:Do you get the best from every season?

Posted by soonergal - 2009/10/13 07:32

You know, SunnyDays, I think that's why I struggle with weight in the winter. When I think of winter, it's the same old stuff of potatoes, carrots, lettuce, radishes, and celery. Canned green beans are a given LOL. It gets boring since the choices aren't as plentiful. And boring tends to lead to not sticking with it.

When you team that up with being cooped up in the house so there's no outside walking or gardening... it's a perfect storm of Soonergal versus the Scale, where the Scale tends to have the advantage :(
Any ideas??? :huh:

Re:Do you get the best from every season?

Posted by SunnyDays - 2009/10/13 14:46

I know what you mean... it can be difficult when there's not a lot of variety. For winter, apples, grapes, pears, pumpkins, beets and potatoes are all in season. There are lots of great ways to use these in your dishes... you can make anything from Spinach Salad with Apples and Pomegranate Seeds, to Mixed Greens & Pear Salad to Roasted Beets and Carrots and even Un-fried French Fries!

Here are the links to each recipe:

Spinach Salad with Apples and Pomegranate Seeds

<http://www.kraftfoods.com/kf/recipes/spinach-salad-apples-pomegranate-69005.aspx>

Mixed Greens & Pear Salad

<http://www.kraftfoods.com/kf/recipes/mixed-greens-pear-salad-107763.aspx>

Roasted Beets and Carrots

<http://www.kraftfoods.com/kf/recipes/roasted-beets-carrots-70436.aspx>

Un-fried French Fries

<http://www.kraftfoods.com/kf/recipes/un-fried-french-fries-74520.aspx>

Hopefully some of these recipes/produce ideas will provide inspiration for a wider variety of winter dish ideas. Let me know what you think :)

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